

**MULTI-SERVICE SENIOR CENTER**

40086 Paseo Padre Pkwy
Fremont CA 94538
www.fremont.gov

Ticket Information: 790-6610
Office: 790-6600

**MARCH 2006 LUNCH**

Vegetarian Option Available by prior arrangement with Chef
Please speak to the Chef before 10:00 am for special dietary needs.

LUNCH: 12:00 NOON



Members: \$4.00

Non Members: \$6.00

TICKETS SOLD:

FIRST-COME, FIRST SERVED
NO REFUNDS, NO EXCHANGES

To Go Tickets Must Be Deposited At The Large Kitchen Window Immediately After Purchase.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Oven Baked Spare Ribs, BBQ Sauce Vegetable, Salad, Salad Roll, Dessert	2 Chicken Cordon Bleu, Rice Pilaf, Salad, Vegetable, Roll Dessert	3 Grilled Top Sirloin, Baked Potato, Salad, Vegetable, Roll, Dessert
6 Chicken Saltimbocca, Rice Pilaf with saffron, Vegetable, Salad, Roll, Dessert	7 <u>Los Amigos</u> Meat Loaf, Mashed Potatoes and Gravy, Roll Vegetable, Salad, Dessert	8 Roast Pork Loin w/ Honey Mustard Smothered Potatoes, Gravy, Vegetable, Roll, Dessert	9 Taco Salad Dessert	10 Birthday Party Roast Turkey, Mashed Potatoes & Gravy, Roll, Vegetable, Salad, Dessert
13 Oven Fried Chicken, Steamed Potatoes smashed with Garlic, Vegetable, Salad, Roll,	14 Beef Stew with Corn Bread, Vegetables, Salad, Dessert	15 Tomato Orange Soup, Chicken Breast Italian over Pasta, Salad, Vegetable, Roll, Dessert	16 Grilled Liver & Onions, Mashed Potatoes with Gravy, Vegetable, Salad, Roll, Dessert	17 <u>St. Patrick's Day</u> Corned Beef & Cabbage Potatoes, Salad, Dessert Roll, Non-Alcoholic Beer
20 Chicken ala Indian Over Basmati Rice, Curried Vegetables, Salad, Roll, Dessert	21 Pork Chops w/ Corn Bread Dressing, Gravy, Vegetable, Salad, Roll, Dessert	22 <u>International Food Festival</u> \$5 Senior Center Mem. \$7 non members	23 Honey & Mustard Baked Salmon, Multi Grain Pilaf, Vegetable, Salad, Roll, Dessert	24 Salisbury Steak, Mashed Potatoes & Gravy, Vegetable, Salad, Roll, Dessert
27 Roasted Tri-Tip, Baked Potato, Gravy, Vegetable, Salad, Roll, Dessert	28 Medallion of Beef w/ Sauce Bordelaise, Roasted Potatoes, Roasted Vegetables, Salad, Roll, Dessert	29 Italian Roasted Chicken with Orzo, Garlic Bread Vegetable, Salad, Dessert	30 Grilled Snapper with Onions, Peppers, Olive Oil & Lemon, Vegetable, Salad, Roll, Dessert	31 Roasted Chicken Breast w/ Basil & Sun Dried Tomatoes, Pasta, Salad, Vegetable, Roll, Dessert

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOODS. Please Note: If you take food home with you from the meal site, it is done at your own risk. Be sure to eat food or refrigerate it within 30 minutes of leaving the site. Reheat in a 350 degree oven until bubbly for 5 minutes. Discard any food left after 3 days.